



## Hewing Spa Services

### Deep Tissue

Deep tissue massage is our specialty. This unique blend of deep tissue, trigger point, detailed muscle work and other rituals specific to the therapist's skill set, intermingled with long relaxing strokes, will leave you feeling energized and rejuvenated.

### Relaxation

Relaxation/Swedish massage is a beautiful way to calm your nervous system and soothe mental anxiety. Sink into relaxation and let the rhythm of long soothing strokes wash your day away.

### Sports Massage

Sports massage is customized to the athlete's needs and time frame of the next athletic event. If you want to perform at an optimal level this deep tissue massage (specific in nature) is for you. A combination of intense bodywork and stretching (if needed) combined with relaxation to ease muscles. It's time to set a new personal best record.

### Shiatsu

A Shiatsu/Thai massage inspired experience can help soothe digestive problems, fatigue, headache, muscle pain and high blood pressure. If balance is what you need this massage will have you feeling fabulous in no time. This massage is traditionally done wearing loose clothing laying on a futon (therapist provides) instead of a massage table.

### Couples Massage

Experience the lap of luxury together as dual therapists work side by side to give you both an incredible massage with the rituals of each client's choice.

### Detoxifying Spa Experience

If treating yourself is long overdue, this package is for you. Exfoliation is just the beginning with your choice of scrub. Detoxification comes next as you are immersed in magically slimming chamomile and lavender infused clay from the Dead Sea while snuggled up in heated blankets. Lastly, you'll receive a massage of your choice (2 1/2 - 3 hr).

### Purifying Face Mask

This Glacial Mud Mask is a deep pore cleansing treatment. Your face will feel rejuvenated, youthful and smooth as glass. Perfect before a fun evening out.

### *Zen Experience*

*Any service can be experienced in total silence. Please make this request when setting up your appointment.*

## RATES

1 HOUR <b>\$130</b>	1.5 HOUR <b>\$175</b>	2 HOUR <b>\$210</b>
DETOXIFYING SPA EXPERIENCE <b>\$300</b>		

### **Add on services:**

Wrap \$75

Scrub \$75

Face Mask \$50

## SERVICE HOURS

Monday–Friday 8am–10pm

Saturday–Sunday 8am–6pm

### **Cancellations:**

6 hour notice required or \$50 fee.

Full payment is expected when canceling within 45 minutes of scheduled time.

### **Evenings:**

All spa services after 9pm will have a \$25 fee.

Please contact the front desk to set up an appointment.

H A L O  
HEALING THERAPIES